Rygiel

FALL SESSION 2026

***SEPTEMBER 8TH - DECEMBER 18TH 2026**

***WE WILL BE CLOSED ON:**
OCTOBER 12TH
NOVEMBER 11TH

*Monday classes are pro-rated for holidays

220 CRANBROOK DR
RYGIEL.CA

DAYPROGRAMS@RYGIEL.CA

SESSION REMINDERS

DARTs

Please arrange your DARTs or any form of transportation to arrive and pick up around the outlined class schedule so everypne can participate in the whole class uninterupted.

Interest - Based Registration

Please ensure that when you are signing people supported up for programming that you are registering based off of their interests, likes and annual goals.

Scent Sensitive Reminder

Please adhere to Rygiel's scent sensitive policy when coming to and supporting people supported in the gym.

Cooking Class - Tupperware

Please note that if you are signing up or supporting a person in cooking/baking program, you will be responsible for bringing tupperware to bring items home. **If tupperware is not brought then food will not be sent home.**

WELCOME SEPTEMBER EVENTS

September 12th - Chudleighs - 10am - 3pm
$50

September 13th - Butterfly Conservatory Niagara Falls - 10am - 3pm
$65

September 17th - Canada's Wonderland - 9am - 3pm
$110 with Access 2 Card or $150 without

September 26th - Tracie's Place Karaoke 4pm - 8pm
***Pay your own way**

September 27th - Sip & Paint!

- Session 1:10am - 11:30am
- Session 2: 1pm - 2:30pm

$45

For More Details & To Sign Up:
Email dayprograms@rygiel.ca

REFUND POLICY

Reason:	Notes:	You Receive:
Activity Cancellation We may cancel an activity or event due to low enrolment or unforseen circumstances	Every effors is made to accomodate or offer alternatives	A full refund, no admin fees
Medical A medical certificate is required	Request must be made BEFORE mid-way point of session or event	Pro-rated refund, minus admin fees ($35
Activity Withdrawl More than 2 weeks before activity start date	Request must be made in writing, two weeks before activity start date	Full refund, minus admin fees ($35
Activity Withdrawl Less than 2 weeks before activity start date	If we recieve notice less than two weeks before starte date	50% refund, minus admin fees ($35
Activity Withdrawl After activity has started	Once activity has started, no refund will be possible	No Refund

Participants requesting a refund must be put in writing to dayprograms@rygiel.ca their request for a refund. **Non-attendance does not constitute a refund.**

Health and Safety: We reserve the right to ensure the Health and Well being of all Participants. Participants will be sent home, if there is infectious illness identified that may pose a risk to other staff or Participants.

Payment: Full payment of activity fees must be made at the time of registration, Cash, cheque or money order re acceptable methods of payment for all activities.

Waiver of Liability: We Shall not be liable, either directly or indirectly, for any claims, or any damages, costs and expenses, including but not limited to personal injury, property damage or lost or stolen property, arising from or connected with participation in any activity contemplated by a registration. Whether or not such injury, damage or loss occurred as a result of any negligence, negligent misrepresentation, breach of statutory duty, breach of the Occupiers' Liability Act and/or breach of contract on the part of Community Junction.

Missed Classes: In the event that a participant is unable to attend a class (es), we regret that make-up class (es), refunds or credits cannot be offered.

Inclement Weather: In the event of inclement weather we will make every effort to add an additional class at a later date to make up for the missed class.

MONDAY

Clue Crew Café — 9a.m - 10a.m

Grab a cup of coffee and join the Clue Crew Café for a fun and relaxing crossword session! Whether you're a seasoned solver or just getting started, this welcoming class is all about enjoying puzzles, sharing ideas, and connecting with others.

$15

The Cozy Canvas Club — 10a.m - 11:30a.m

Enjoy a relaxing fall painting class where you'll create a seasonal masterpiece with easy step-by-step instruction. No experience is necessary just bring your creativity!

$115

Harvest Hits — 1p.m - 2:30p.m

Join us for an afternoon of music, memories, and fun! Sing along to classic favourites, discover new songs, and enjoy a relaxed, supportive atmosphere. No singing experience is needed just bring your enthusiasm and love of music.

$20

TUESDAY

The Clever Cup — 9a.m - 10a.m

Warm up with a cup of tea and a fun round of trivia! Join us for a cozy and social gathering where you can test your knowledge, share laughs, and enjoy great conversation with fellow trivia lovers. Bring your curiosity, your competitive spirit, and your love of tea!

$25

Bingo Boom! — 10a.m - 11:30a.m

Celebrate the season with a fun-filled game of Bingo! Enjoy friendly competition, great conversation, and plenty of laughs while marking your cards and chasing that winning call. Whether you're a Bingo pro or playing for the first time, everyone is welcome to join the autumn fun!

$25

Autumn Artists — 1p.m - 2:30p.m

Let's get messy, creative, and fall-inspired! We'll craft, and dream up colourful masterpieces filled with pumpkins, leaves, woodland friends, and all the magic of autumn.

$125

Harvest Kitchen — 1p.m - 2:30p.m

Warm up your kitchen with the tastes of autumn! Join us for a fun and social class featuring seasonal flavours, classic comfort foods, and creative recipe ideas. Enjoy cooking, sampling, and connecting with fellow food lovers.

$150

WEDNESDAY

Soup, Spice & Everything Nice 9:30a.m - 11a.m

Embrace the flavours of fall with a comforting cooking experience featuring hearty soups and crispy grilled cheese creations. Learn, taste, and connect with others while creating the perfect cool-weather meal.

$150

Rhythm Factory with Dean 11a.m - 12p.m

Rhythm Factory is a lively, social, and hands-on music class where everyone can explore rhythm and sound through group drumming. Using a variety of drums and percussion instruments, everyone contributes to a shared musical experience. This class encourages self-expression, coordination, and teamwork while creating a fun, supportive, and energizing atmosphere.

Instructor Dean

$100

Fireside Favourites With Jeff 1:30p.m - 2:30p.m

Enjoy a cozy hour of live music, familiar favourites, and seasonal sounds. Sit back, relax, and share in the joy of music as talented performers bring warmth, memories, and good cheer to the season. All are welcome to listen, sing along, and enjoy the experience.

Instructor: Jeff

$150

THURSDAY

Clue Crew Café 9a.m - 10a.m

Grab a cup of coffee and join the Clue Crew Café for a fun and relaxing crossword session! Whether you're a seasoned solver or just getting started, this welcoming class is all about enjoying puzzles, sharing ideas, and connecting with

$15

Sweet & Savoury Delights 10a.m - 11:30a.m

Mix, bake, cook, and create your way through a delicious adventure of sweet treats and savoury favourites! Discover new recipes, learn fun kitchen tips, and enjoy hands-on cooking and baking while sharing laughs, flavours, and tasty creations with fellow food lovers.

$115

Pumpkins Play & Stretch 10a.m - 11:30a.m

A fun, inclusive class for all abilities featuring gentle movement, stretching, and playful activities. Move, have fun, and connect at your own pace!

$85

Autumn Golden Melodies 1p.m - 2p.m

Get ready to move, groove, and make some noise! Music in Motion is a high-energy class filled with musical games, rhythm activities, and interactive fun designed to get everyone singing, dancing, and smiling. Perfect for everyone of all abilities, no musical experi needed!

$150

Instructor: Krista from Golden Melodies

FRIDAY

The Clever Cup — 9a.m - 10a.m

Warm up with a cup of tea and a fun round of trivia! Join us for a cozy and social gathering where you can test your knowledge, share laughs, and enjoy great conversation with fellow trivia lovers. Bring your curiosity, your competitive spirit, and your love of tea!

$15

Homemade Hallmark — 10a.m - 11:30a.m

Get creative, get crafty, and spread some happy! Design fun, colourful, one-of-a-kind cards filled with personality, doodles, sparkle, and lots of love. Because the best cards are the ones made by YOU!

$125

Autumn All-Stars — 1p.m - 2:30p.m

Get ready to move, play, and have a blast! Enjoy a variety of fun sports and games while building skills, teamwork, coordination, and confidence. Come ready to play, laugh, and have fun!

$85

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Day Program Registration

Personal Information (Individual)

Full Name:

Date of Birth:

Gender: ☐ Male ☐ Female ☐ Other

Address:

City: Postal Code:

Phone: Email(house):

Other Details

Payment Type: ☐ Passport Funding ☐ Family ☐ Other

DARTs Number:

Emergency Contact

Name:

Relationship:

Phone:

PLEASE LIST ANY IMPORTANT INFORMATION WE SHOULD KNOW (EX: ALLERGENS)

Emergency Protocols

Protocols or procedures we should be aware of? ☐ Yes ☐ No

If yes, these must be submitted to dayprogram upon application routinely.

Type of Protocol:

Agreement

By filling this out and handing it in, you agree that you have read through the brochure and the session reminders in place.

Class Registration

Name of Class:

Price:

Name of Class:

Price:

Name of Class:

Price:

Name of Class:

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